

Curriculum Vitae

Sarah Grace Frary

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Doctoral Candidate, The University of South Carolina

Education

Predoctoral Intern, VA Maine Healthcare System
Generalist Track
Togus VA, Augusta ME

July 2025 - July 2026

Doctoral Candidate, Clinical-Community Psychology
The University of South Carolina, Columbia SC
Advisor: Guillermo M. Wippold, Ph.D.

August 2020 – July 2026

Dissertation title (pre-defense): *A CBPR-informed study of Transgender Individuals' and Christian Faith Leaders' Perspectives of Trans* Faith and Well-being Within Christian Faith Communities in the United States.*

Master of Arts in Clinical-Community Psychology
The University of South Carolina, Columbia SC

December 2022

Bachelor of Science in Psychological Science
The College of William and Mary, Williamsburg VA
Graduation with Honors

December 2019

Research

Peer Reviewed Publications

1. Harris, J. I.; Kondrath, S. R.; McGuire, A.; Griffith, B.; Binion, R.; Brandt, E.; Usset, T.; Kosman, K.; Golden, K.; **Frary, S. G.**; Pyne, J. M. (in press). Narrative Therapy for Treatment-Refractory Moral Injury Syndrome: A Case Study. *Clinical Case Studies*.
2. **Frary, S.G.**, Pomerantz, J., Bellanger, T., Jennings, C., Linger, M., Houston-Dial, R., Fuller, M., Blevins, H., Howard, C., Joshi, A., Ouzts, N., Eidson, B., Harrod, S., Harrison, S. (in press). Assessing Working Musicians' Perspectives of Need and Barriers regarding Lay Harm Reduction Efforts for Substance-Related Harm in South Carolina. *Harm Reduction Journal*.

3. **Frary, S. G.**, Wippold, G.M., Martin, P., Sweeney, A., Wilson, D. (in press). The Role of Religious Coping Resources as Resilience Factors in the Relationship Between Stress and Health-Related Quality of Life Among Black Americans. *Mental Health, Religion & Culture*.
4. **Frary, S. G.**, Crichlow, Z. R., & Wippold, G. M. (2025). Resilience Resources Accessed by Religious LGBTQ+ Americans Across Ecological Levels of Analysis: A Scoping Review. *Adversity and Resilience Science*. <https://doi.org/10.1007/s42844-025-00166-3>
5. Miller, S. J., **Frary, S.G.**, Wu, E.G., Chu, W., Moskal, M., Bodalski, E. A., & Harrison, S.E. (2025). A qualitative analysis of organizational practices to support peer support workers in the substance use disorder recovery field. *Journal of Behavioral Health Services & Research*. <https://doi.org/10.1007/s11414-025-09980-0>
6. Wu, E. G., Chu, W., Miller, S. J., Moskal, M., Bodalski, E. A., **Frary, S. G.**, & Harrison, S. (2025). How do engagement strategies of peer support workers differ from traditional providers? Comparing across the dimensions of function and form. *Community Mental Health Journal*. <https://doi.org/10.1007/>
7. Chu, W., Moskal, M., Miller, S. J., **Frary, S. G.**, Wu, E. G., Bodalski, E. A., & Harrison, S. E. (2025). Applying an ecological model to identify resources that aid peer support workers in substance use disorder recovery: A qualitative study. *American Journal of Orthopsychiatry*. <https://doi.org/10.1037/ort0000867>
8. Shi, F., Yang, X., Cai, R., Zhang, J., Harrison, S., Qiao, S., **Frary, S.G.**, Li, X. (2025) Computational Phenotyping with the All of Us Research Program: Identifying Transgender and Gender-Diverse individuals. *American Journal of Public Health*. <https://doi.org/10.2105/AJPH.2025.308129>
9. Moskal, M., Miller, S., **Frary, S.G.**, Chu, W., Bodalski, E., Wu, E., Harrison, S. (2025) “Because change is possible...”: Peer Support Workers’ Perceptions of their Roles and Responsibilities in the Recovery Workforce. *Journal of Substance Use*. <https://doi.org/10.1080/14659891.2025.2494539>
10. Wippold, G.M., Wong, D., Crichlow, Z., Garcia, K., **Frary, S.G.**, Mote, T., Griffith, D. (2024). Application of an Implementation Premortem: A Novel Qualitative Approach Leveraging Prospective Hindsight to Enhance Barbershop Health Interventions for Black Men. *Translational Behavioral Medicine*. <https://doi.org/10.1093/tbm/iba060>
11. Wippold, G. M., Crichlow, Z. R., Garcia, K. A., Domlyn, A., Sanchez, S., Frank, L., Mote, T., **Frary, S. G.**, & Woods, T. (2024). Assessing organizational readiness for the Clean Cuts and Sharp Minds Collective: a barbershop health promotion network. *Implementation Science Communications*, 5(1). <https://doi.org/10.1186/s43058-024-00584-x>
12. Wippold, G. M., Abshire, D. A., Garcia, K. A., Crichlow, Z., **Frary, S. G.**, Murphy, E. R., Frank, L., Johnson, L., & Woods, T. (2024). Lessons Learned From a Community-

Based Men's Health Fair. *Journal of Primary Care & Community Health*, 15. <https://doi.org/10.1177/21501319231222766>

13. Wippold, G. M., Jowers, T., Garcia, K. A., **Frary, S. G.**, Murphy, H., Brown, S., Carr, B., Jeter, O., Johnson, K., & Williams, T. L. (2023). Wippold, (2023). Understanding and promoting preventive health service use among Black men: Community-driven and informed insights. *Journal of Racial and Ethnic Health Disparities*, 12(1), 201-211. <https://doi.org/10.1007/s40615-023-01864-3>
14. Wippold, G. M., **Frary, S. G.**, Garcia, K. A., & Wilson, D. K. (2023). Implementing barbershop-based health-promotion interventions for Black men: A systematic scoping review. *Health Psychology*. <https://doi.org/10.1037/hea0001294>
15. Wippold, G. M., Garcia, K. A., **Frary, S. G.**, & Griffith, D. M. (2023). Community Health Worker Interventions for Men: A Scoping Review Using the RE-AIM Framework. *Health Education & Behavior*, <https://doi.org/10.1177/10901981231179498>.
16. Wippold, G. M., Garcia, K. A., **Frary, S. G.** (2023). The Role of Sense of Community in Improving the Health-Related Quality of Life among Black Americans. *Journal of Community Psychology*. <https://doi.org/10.1002/jcop.22901>
17. **Frary, S.G.** (2022). Drawing on the experiences of trans students to inform pronoun disclosure in higher education settings. *The Community Psychologist*. <https://www.communitypsychology.com/pronoun-disclosure/>
18. Wippold, G. M., & **Frary, S. G.** (2021). Predictors of Health-Related Quality of Life Among African American Men. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-021-01151-z>
19. Wippold, G. M., & **Frary, S. G.** (2021). The Role of Modifiable, Self-Empowerment-Oriented Variables to Promote Health-Related Quality of Life Among Inadequately Insured Americans. *The Journal of Primary Prevention*, 43(1), 95-110. <https://doi.org/10.1007/s10935-021-00652-1>
20. Wippold, G. M., **Frary, S. G.**, Abshire, D. A., & Wilson, D. K. (2021). Improving Recruitment, Retention, and Cultural Saliency of Health Promotion Efforts Targeting African American Men: A Scoping Review. *Annals of Behavioral Medicine*. <https://doi.org/10.1093/abm/kaab079>

Other Publications

1. **Sarah Grace Frary.** Examining faith-based HIV prevention interventions in the United States: a scoping review protocol. Open Science Framework 2023. Available from: https://osf.io/8wyd3/?view_only=f0083c70422b40c286b342cd88cd6a7c

2. **Sarah Grace Frary.** *The role of religious coping resources as resilience factors in the relationship between stress and health-related quality of life among Black Americans: A scoping review protocol.* Open Science Framework 2023. Available from: https://osf.io/hvjs3/?view_only=b353d6f978514b90a89905c15246c136
3. Guillermo Wippold, Kaylyn Garcia, **Sarah Grace Frary.** *Community health worker-implemented interventions to promote men's health.* PROSPERO 2021 CRD42021277370 Available from: https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42021277370
4. Guillermo Wippold, **Sarah Grace Frary**, Mariajose Paton, Demetrius Abshire, Dawn Wilson. *Peer-to-peer health promotion interventions among African American men: a systematic review protocol.* PROSPERO 2020 CRD42020198664 Available from: https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42020198664
5. **Frary, S. G.** (2019). *Reaching with Light: The Impact of Remote Tool Use on Size and Distance Perception.* William & Mary ScholarWorks. <https://scholarworks.wm.edu/items/a42849df-fc22-464b-a765-9f28e75bd68a>

Submitted Manuscripts

1. **Frary, S.G.;** Shi, F.; Harrison, S.; Qiao, S. (Resubmit with minor revisions). A scoping review of faith-based HIV prevention interventions in the United States.
2. Chu, W., Wu, E. G., Bodalski, E. A., Miller, S. J., Moskal, M., **Frary, S. G.**, & Harrison, S. E. (2025). Associations between training experiences, job stress, and burnout among peer support workers in the substance use disorder recovery field. [Manuscript under review].

Manuscripts in Preparation or Under Revision

1. **Frary, S.G.;** Pomerantz, J.; Jennings, C.; Bellanger, T.; Linger, M.; Houston-Dial, R.; Fuller, M.; Blevins, H.; Howard, C.; Joshi, A.; Oustz, N.; Eidson, B.; Harrod, S.; Harrison, S. "Harmony and Harm Reduction": Utilizing Community-Based Participatory Research in Partnership with Working Musicians to develop Intervention Tools for Lay Harm Reduction Efforts.
2. Moskal, M.; Simpson, S.; **Frary, S.G.**; Kornbluh, M. Results of a Formative Evaluation of YPAR-informed youth education and action program training.
3. **Frary, S.G.;** Bodalski, E.; Chu, W.; Miller, S.; Moskal, M.; Wu, E. Experiences of vicarious trauma among peer support workers for substance use prevention: a qualitative study.

4. Wu, E.; Chu, W.; Moskal, M.; Miller, S.; **Frary, S.G.**; Bodalski, E.; Harrison, S. How do Peer Support Workers engage individuals with Substance Use Disorder? A Comparative Analysis with strategies from engagement interventions.

Invited talks & lectures

1. **Frary, S.G.** (2025, October) *Harm Reduction Theory and Practice*. Discussion led as part of the intern and post-doctoral trainee professional development series at the Maine VA Healthcare System, Augusta, ME.
2. **Frary, S.G.** (2025, September) *Civil Disobedience in Psychology within Contemporary Sociopolitical Contexts*. Discussion led as part of the intern and post-doctoral trainee professional development series at the Maine VA Healthcare System, Augusta, ME.
3. **Frary, S.G.** (2025, August) *A CBPR-informed study of Marginalized Individuals' and Christian Faith Leaders' perspectives of faith and well-being within Christian faith communities in the United States*. Presented as part of the intern and post-doctoral trainee professional development series at the Maine VA Healthcare System, Augusta, ME.
4. **Frary, S.G.**; Moskal, M. (2025, February) *Clinical and Contextual Considerations of Gender Diversity in Family Therapy*, presented to University of South Carolina Psychology Services Center.
5. **Frary, S. G.** (2025, January) *Advocacy and Gender-Affirmation in Health Services Psychology: Drafting Mental Health Letters of Support for Gender Affirming Surgery*, presented to University of South Carolina Psychology Services Center.
6. **Frary, S.G.**; Moskal, M. (2024, October) *Clinical and Contextual Considerations of Gender Diversity in Family Therapy*. Presented to the Ralph H. Johnson VA Health Care System's Mental Health Service Line.
7. **Frary, S.G.**; Pomerantz, J.; Levine, S.; Fuller, M. (2024, October) *Hospitality and Harm Reduction: Identifying needs and knowledge within the hospitality industry to address the polysubstance use crisis in South Carolina*, presented to the University of South Carolina's School of Hospitality Honors Lecture Series.
8. **Frary, S.G.** & Moskal, M. (2024, October) *Working with gender diverse children and adolescents as an individual or family mental health clinician*. Presented to mental health clinicians at Ralph H. Johnson VA Health Care System, Charleston, South Carolina.
9. **Frary, S. G.** (2024, September) *An Overview of the Current Polysubstance and Opioid Crisis in the United States and Harm Reduction Training*. Given as guest lecture to the I-CaRe Fellowship Class of 2024-2025.
10. **Frary, S. G.** (2024, March) *Resilience resources accessed by religious LGBTQ+ Americans across ecological levels of analysis*, presented to the University of South

Carolina Department of Psychology in conjunction with Diversity in Psychological Sciences Award ceremony.

11. **Frary, S. G.** (2024, February) *The Opioid Crisis in South Carolina – History, Trajectory, And Increasing Openness to Move Forward*, presented to Richland County Public Library.
12. **Frary, S. G.** (2024, February) *Writing Mental Health Letters of Support for Gender Affirming Surgery*, presented to University of South Carolina Center for Health and Well-Being.
13. **Frary, S. G.** (2021, January) *Engaging Pronoun Discussion in the University Classroom*. Presented to the Society for Community Research and Action Undergraduate Interest Group.
14. **Frary, S. G.** (2018, June) *Summer Camp and Youth Well-Being*. Keynote Speaker, Philanthropic Education Organization Virginia State Annual Convention.

Conference Presentations, Symposiums & Colloquia

1. Wippold, G.M., Wong, D.R., Garcia, K.A., Crichlow, Z.R., **Frary, S.G.**, Mote, T., & Griffith, D.M. (2025, August) *Thinking back to move forward: application of an implementation premortem to optimize a health intervention across contexts*. Presentation at the 18th International Congress of Behavioral Medicine, Vienna, Austria.
2. Larson, A.; Linger, M.; Bellanger, T.; Jennings, C.; Chiccino, H.; **Frary, S.G.**; Pomerantz, J.; Harrod, S.; Harrison, S. *Development and Barriers Encountered in Designing and Implementing a CBPR-Informed Needs Assessment of Harm Reduction Efforts in Local Food and Beverage Communities*. Presented at DiscoverUSC student research summit, April 2025.
3. Bellanger, T.; Jennings, C.; Fuller, M.; Blevins, H.; Linger, M.; Larson, A.; **Frary, S.G.**; Pomerantz, J.; Chiccino, H.; Harrod, S.; Harrison, S. *Hospitality and Harm Reduction: Results from a CBPR-Informed Needs Assessment of Substance Misuse among local Food and Beverage Employees in South Carolina*. Presented at DiscoverUSC student research summit, April 2025.
4. Chu, W., Moskal, M., Wu, E. G., Miller, S. J., Bodalski, E. A., **Frary, S.G.**, & Harrison, S. E. (2025, April). Community- and public policy-level factors that elevate peer support work in substance use disorder recovery. In W. Chu (Chair), *How can we best support peer support workers? A multi-level examination from South Carolina* [Symposium]. National Conference on Addiction Recovery Science.
5. Moskal, M., Miller, S. J., **Frary, S.G.**, Chu, W., Bodalski, E. A., Wu, E. G., & Harrison, S. E. (2025, April). “Because change is possible:” Peer support workers’ perception of roles and responsibilities. In W. Chu (Chair), *How can we best support peer support*

workers? A multi-level examination from South Carolina [Symposium]. National Conference on Addiction Recovery Science.

6. Wu, E. G., Chu, W., Moskal, M., Miller, S. J., Bodalski, E. A., **Frary, S.G.**, & Harrison, S. E. (2025, April). Clarifying peer support worker strategies for supporting engagement in recovery and recovery-based services. In W. Chu (Chair), *How can we best support peer support workers? A multi-level examination from South Carolina [Symposium]*. National Conference on Addiction Recovery Science.
7. Miller, S. J., **Frary, S.G.**, Chu, W., Moskal, M., Wu, E. G., Bodalski, E. A., & Harrison, S. E. (2025, April). Organizational policies and practices to promote the peer support workforce. In W. Chu (Chair), *How can we best support peer support workers? A multi-level examination from South Carolina [Symposium]*. National Conference on Addiction Recovery Science.
8. **Frary, S.G.** (2025, April) *A CBPR-Informed Qualitative Study of Marginalized Christians' and Christian Clergies' Perspectives of Faith and Well-Being Within Christian Faith Communities*. Society for the Psychology of Religion and Spirituality Mid-Year Conference, Providence, RI.
9. **Frary, S.G.**; Pomerantz, J.; Fuller, M.; Levine, S.; Bellanger, T.; Jennings, C.; González, R.; Blevins, H.; Howard, C.; Harrod, S. (2025, April). *"Hospitality and Harm Reduction": Results of a CBPR-Informed Needs Assessment of Harm Reduction among Food and Beverage Community in South Carolina*. Presented at the Collaborative Perspectives on Addiction (CPA) Conference of division 50 of the American Psychological Association, Providence, RI.
10. Pomerantz, J.; Levine, S.; Fuller, M.; **Frary, S.G.**, Harrod, S.; Harrison, S. (2024, October). *Community-Based Harm Reduction Efforts for Substance Use Disorder: Realizing and Connecting to Community Strengths*. Florida Harm Reduction Coalition Conference.
11. **Frary, S.G.** (2024, April). Resources for resilience accessed by religious Queer Americans: a scoping review based on intersectional and ecological investigation. Society for the Psychology of Religion and Spirituality Mid-Year Conference, Princeton, N.J.
12. Fuller, M.; Houston-Dial, R.; Howard, C.; Blevins, H.; **Frary, S.G.** (2024, April). *Harmony and harm-reduction: Results of a community-based mixed methods study of musicians' perspectives of harm reduction for substance misuse*. Accepted for presentation, DiscoverUSC student research summit.
13. Pomerantz, J.; Bellanger, T.; **Frary, S.G.** (2024, April). *Hospitality and harm-reduction: The development of a community-based mixed methods study of hospitality workers' perception of harm reduction for substance misuse*. Accepted for presentation, DiscoverUSC student research summit.

14. Garcia, K.; **Frary, S.G.**, Wippold, G. (2023, September). *Beyond one-size-fits-all: developing interventions with community-based participatory research*. University of South Carolina Department of Psychology's mini-conference on the confluence of clinical-community psychology.
15. **Frary, S.G.**; Murphy, H.; Wippold, G.M. (2023, August). *Religious coping resources among African American adults*. Submitted for presentation, APA national conference 2023 (Washington, D.C.)
16. **Frary, S.G.**; Garcia, K., Wippold, G. M. (2023, August). *Discussion of a qualitative study of rural Black men's utilization of preventative health care services*. Submitted for symposium, APA national conference 2023 (Washington D.C.)
17. Bodalski, E.; Chu, W.; **Frary, S.G.**, Miller, S.M.; Moskal, M.; Wu, E. (2023, April). *Understanding the Experiences of Peer Support Workers in Substance Use Prevention and Treatment: How Providing Peer Support Impacts Their Own Recovery*. Poster presentation, DiscoverUSC student research summit.
18. Harrison, S.; **Frary, S.G.**; Miller, S. (2022, October). *A Quality Improvement Initiative Addressing STI Services Provided in Rural South Carolina Primary Care Clinics*. South Carolina Rural Health Conference, October 2022.
19. **Frary, S.G.**; Garcia, K.A; Wippold, G.M (2022, August). *A discussion of tailored health promotion for African American men*. American Psychological Association 2022 National Conference, Division 38.
20. Garcia, K.A; **Frary, S.G.**; Wippold, G.M. (2022, August). *The Role of Sense of Community in Improving the Health-Related Quality of Life among Black Americans*. American Psychological Association 2022 National Conference.
21. **Frary, S. G.**, Garcia, K. A., Wippold, G. M. (2022, August). *Discussion of Health Promotion Interventions Among Black American Men*. American Psychological Association 2022 National Conference.
22. Kipp, C. J., Wilson, D. K., Quattlebaum, M., Simmons, T., Loncar, H. M., Brown, A. M., Frary, S.G., Levine, S., Williams, J., Williams, S., Sweeney, S., Martin, P., & Zarrett, N. (2022, April). Feasibility of the LEADS Program: An Integrated Stress and health Promotion Intervention Among African American Families. Presented to the Society of Behavioral Medicine.
23. **Frary, S.G.**, Garcia, K. A, Wippold, G. M. (2022, April). *Predictors of Black American Men's Health-Related Quality of Life*. Poster presentation, Midwestern Psychological Association 2022 Conference.

24. **Frary, S. G.**, Wippold, G. M. (2021, August) *The association of self-empowerment with health-related quality of life among underinsured Americans*. Poster presentation for American Psychological Association 2021 National Conference, Division 27, August 2021 [online format].
25. Wippold, G. M., Jowers, T., **Frary, S. G.** (2021, August). *Partnering with Community Health Workers to Promote health among African American Men*. Presentation and discussion for American Psychological Association 2021 National Conference, Division 27 [online format].
26. Kipp, C., Quattlebaum, M., Brown, A., Loncar, H., **Frary, S. G.**, Wilson, D. (2021, February). *Lessons Learned From the Health Psychology Practicum*. Presentation at the weekly Clinical- Community Colloquium, Columbia, SC.
27. Bonnesen, K., **Frary, S. G.**, Howenstine, L., Moore, R., Evans, C., Fuller, M. (2020, October) *Reimagining the New Normal in PhotoVoice*. Southeast ECO Conference, Georgia State University, GA [online format].
28. **Frary, S. G.**, Wippold, G. M., Nwakaego, N., Williams, J., Butler, J., Hodge, T. (2020, October) *An exploratory study to understand the factors associated with health-related quality of life among uninsured/underinsured individuals*. Southeast ECO Conference, Georgia State University, GA [online format].
29. **Frary, S. G.** (2020, April) *Resilience and Resistance: The Role of International Volunteers in A Community-Based Summer Camp Healing Initiative for Palestinian Children in the West Bank*. Poster presentation at Southeastern Psychological Association Conference's CEPO/Psi Chi Undergraduate poster session, New Orleans, LA [Online Presentation Repository Format due to COVID-19 pandemic].
30. **Frary, S. G.** (2020, March) *Palestinian Community-led Volunteer Tourism Initiatives: Children's Summer Camp Program*. Accepted poster presentation at Benjamin V. Cohen Peace Conference, Muncie, IN [Cancelled due to COVID-19 pandemic].
31. **Frary, S. G.** (2019, October) *Resilience and Resistance: Models of Palestinian Community Development and International Volunteerism*. Digital poster presentation at William & Mary Undergraduate Research Symposium.
32. **Frary, S. G.** (2019, October) *Political Trauma and Recovery: Resistance as a Means of Acceptance and Recommitment in Community-Based Healing in the Occupied West Bank*. Poster presentation at William & Mary Charles Center Research Symposium.
33. Larrazabal, M. A., Penrod, M. T., Bhandari, A., Brownfiel, K., **Frary, S. G.**, & Conway, C. C., (2018, May) *Stress-Prone Personalities? The Big Five As Risk or Resiliency Factors for Increased Experiences of Life Stress*. Poster presentation at the Annual Convention of the Association for Psychological Science, San Francisco, CA.

34. **Frary, S. G.** (2017, April) *Alternative Methods of Healing for Maltreated Children in Foster or Group Care*. Poster presentation at William & Mary Sharpe Community Scholars Symposium, Williamsburg, VA.

Submitted Presentations

Wong, D.; **Frary, S.G.** *Beyond ADDRESSING: The case for expanding conceptions of social identity in clinical and community practice*. Discussion section submitted to the 2026 Existential Psychology SPSP preconference, virtual format.

Undergraduate Thesis Mentorship

Undergraduate Honors Thesis Committee Member. Nishit Patel, May 2024. *Beyond Belief: A Comparative Study of Mental Health Among Religious and Non-Religious College Students in the United States*.

Grant and Fellowship Support

Laura Griffin Award, for support of a doctoral dissertation addressing inequities, **May 2025**. (\$1,000 endowed University of South Carolina psychology dissertation grant). “A CBPR-Informed qualitative study of marginalized Christians’ and Christian clergies’ perspectives of faith and well-being within Christian faith communities”.

Southern Regional Education Board Dissertation Fellowship Recipient, 2024-2025 (\$20,000 fellowship and \$250 project support), “A CBPR-Informed qualitative study of marginalized Christians’ and Christian clergies’ perspectives of faith and well-being within Christian faith communities”.

Society of Addiction Psychology Student Research Grant 2023 (\$1,250 grant), “Hospitality and Harm Reduction: Using CBPR and Mixed Methods Approaches to Inform the Development of an Opioid Harm Reduction Intervention Led by Hospitality Industry workers in South Carolina”.

Society for Community Research and Action Student Research Grant 2023 (\$1,000 grant), “Harmony and Harm Reduction: Using CBPR and Mixed Methods Approaches to Inform the Development of an Opioid Harm Reduction Intervention Led by Working Musicians in South Carolina”.

Supporting Substance Use Disorder Services in South Carolina Fellowship 2023 (\$25,000 one-year fellowship).

Charles Center Summer Research Grant 2019 (\$3,000 total grant), “Resistance as Resilience in a community-based healing summer camp in the Occupied West Bank: A Community-Based Participatory Research project in collaboration with Tent of Nations Environmental Learning Farm.”

Teaching and Professional Development

Courses

Course: Community Psychology (Teaching Assistant; undergraduate-level course) – University of South Carolina, Fall 2021 (Primary instructor: Bret Kloos, PhD)

Course: Developmental Science (Teaching Assistant; undergraduate-level course) – University of South Carolina, Spring 2021, Spring 2022 (Melanie Palomares, PhD)

Course: Cognitive Psychology (Teaching Assistant; undergraduate-level course) – University of South Carolina, Spring 2021 (Melanie Palomares, PhD)

Course: Introduction to Psychology (Teaching Assistant; undergraduate-level course) – University of South Carolina, Spring 2021, Spring 2022 (Melanie Palomares, PhD)

Course: Psychological Problems and Resilience / “Psychopathology” (Teaching Assistant; undergraduate-level course) – University of South Carolina, Fall 2020 (Guillermo Wippold, PhD); Fall 2020 & 2021 (Jeff Schatz, PhD)

Professional Service

Chair, Psychology Student Advisory Board, University of South Carolina, 2022 - 2024

Student Representative, Mental Health and Well-being Committee, University of South Carolina Department of Psychology, 2021 - 2023

Member and Concentration Representative, Psychology Student Advisory Board, University of South Carolina, 2020 - 2022

Panelist, CRA-W graduate student panel and welcome reception for students, February 2022

Clinical-Community Psychology Visiting Day Committee, The University of South Carolina Department of Psychology, January 2021

Undergraduate member of Clinical Psychology Faculty Interview Committee, the College of William and Mary Department of Psychology, Fall 2019

Clinical Experience

Clinical Psychology Pre-Doctoral Intern, Generalist Track

Maine VA Healthcare System, Togus Campus, Augusta, ME
July 2025 – July 2026

Responsibilities: I provide psychotherapy and clinical assessment to Veterans residing in North New England. I provide both manualized and process-based evidence based

treatments for a diversity of presenting concerns, including post-traumatic stress disorder, anxiety, depression, substance use disorders, chronic pain, meaning making at end-of-life, and serious mental illness. I serve as a clinician-researcher on a team focused on rendering and researching effective treatment for moral injury syndrome. I facilitate health psychology pre-surgical evaluations. I lead seminars in the Mental Health Service Line's professional development series.

Student Peer Supervisor

Psychology Services Center, Columbia, South Carolina

September 2023 - June 2025

Responsibilities: I provided regularly scheduled peer supervision to developing student clinicians as part of a peer supervision program started in 2023. I also supervised, with consultation from a licensed clinical supervisor, a therapy group for transgender adults based in Acceptance and Commitment Therapy (ACT), a group I facilitated as a student clinician in 2023 and 2024.

Mental and Behavioral Health Extern; Member of LGBTQ+ Integrated Care Team

Prisma Health Infectious Disease Clinic, Columbia, South Carolina

May 2023 - May 2025

Responsibilities: I provided psychotherapy to patients living with HIV at Prisma Health's immunology clinic, an integrated care setting. I used evidence-based practices and integrative approaches to support clients by building a therapy based on the individual. I took an ecological systems perspective to conceptualize cases and plan treatment, and worked collaboratively with a team of providers focused on LGBTQ+ health. As a member of this care team I provided consultation to other mental health-focused organizations, including the University of South Carolina's Center for Health and Well-Being and resident physicians and medical students at the University of South Carolina School of Medicine.

Outpatient Mental Health Extern

Wm. Jennings Bryan Dorn Veterans Affairs Medical Center

Columbia VA Healthcare Center Psychology Externship Practicum,
Columbia, South Carolina

September 2024 – May 2025

Responsibilities: I delivered brief psychological intervention as part of mental health care team focused on outpatient mental health. I utilized short-term targeted treatment as well as longer-term interventions through the lens of client-centered therapy. While working as an outpatient psychotherapy extern I was supervised by Dr. Amanda Willis, the Psychology Practicum Training Program Coordinator.

Substance Use Recovery Extern

Prisma Health Infectious Disease Clinic, Columbia, South Carolina

December 2022 - May 2023

Responsibilities: I provided psychotherapy, with specific but not exclusive focus on substance use concerns, to patients living with HIV at Prisma Health's immunology clinic, an integrated care setting. My primary focus was on patients who are transgender, non-binary, or gender-diverse, as well as refugees and asylum-seekers, who are in the process of recovery from substance use disorders. I used evidence-based practices to support recovery and harm reduction, in addition to other clinical presentations. I took an ecological systems perspective to conceptualize cases and plan treatment.

Mental Health Extern

CAN Community Health, Columbia, South Carolina

August 2022 - May 2023

Responsibilities: I provided psychotherapy and assessment to patients at CAN Community Health, an HIV and STI prevention and treatment clinic in Columbia. All of my patients were living with HIV and many are LGBTQ+ and low-resource. I saw patients presenting with concerns such as substance use, depression, anxiety, adjustment problems, serious mental illness (SMI), and concerns with treatment adherence. I worked closely with other clinic providers to help address therapy-preventing factors, like housing insecurity and financial barriers to care.

Student Clinician

Psychology Services Center, Columbia, South Carolina

August 2021 - June 2025

Responsibilities: I saw adult therapy clients and a family client weekly and have facilitated a therapy group at the Psychology Services Center, the community-facing departmental clinic associated with the health services psychology doctoral programs of training. I used evidence-based therapeutic modalities and assessments in addressing issues like anxiety, depressive symptoms, relationship dysfunctions, adjustment problems, suicidality, and body image concerns. This role required flexible and compassionate therapeutic action, and consultation with my supervisors and other clinicians. I cofacilitated an Acceptance and Commitment Therapy group for transgender and gender expansive adults.

Ad Hoc Peer Review

American Journal of Public Health

Journal of Health Care for the Poor and Underserved

American Journal of Men's Health

SCRA (APA Div. 27) Reviewer for APA Conference 2022

Outreach, Organizational Consultation and Evaluation Experience

Familial and Sociopolitical considerations while working with gender diverse children and adolescents as an individual or family clients, presented to graduate student clinicians at the Psychology Services Center in Columbia, South Carolina [February 2025]

I collaborated with Magdalena Moskal, M.A., to prepare and present an invited discussion focused on working with the family context with gender diverse children, especially given recent barriers to care facing gender diverse minors and their families in South Carolina and nationally. Content included basic terminology, theoretical frameworks and community/practical resources for families, and discussing this topic within sociopolitical context.

Working with gender diverse children and adolescents as an individual or family mental health clinician, presented to mental health clinicians at Ralph H. Johnson Veterans Affairs Medical Center [October 2024]

I collaborated with Magdalena Moskal, M.A., to prepare and present an invited discussion and presentation to the Veterans Affairs Medical Center in Charleston, SC, focused on working with the family context with gender diverse children. Content included basic terminology, theoretical frameworks and community/practical resources for families, and discussing this topic within sociopolitical context.

Mental Health Consultant to Trustus Theatre's production of *Dandelion: An Original Musical* [August 2024]

Along with my licensed clinical supervisor, I provided input and feedback on script and plot points in a musical theatre production focused on family systems and socioecological impacts of substance use crises and serious mental illness from the perspective of a practicing mental health clinician.

Writing a Mental Health Letter of Support for Gender Affirming Surgery, presented to University of South Carolina Center for Health and Well-being [February 2024]

I collaborated with members of the LGBTQ+ care team at Prisma Health (Richland Hospital) to develop a training in GAS letter writing for mental health providers at the University of South Carolina. Content included basic terminology; World Professional Association for Transgender Health guidelines; the process of preparation, interviewing, and drafting a letter for GAS; examining a sample letter; and discussing this topic within sociopolitical context.

Mental Health Departmental Climate Survey: Presentation of Community-of-Care Basics, Columbia SC [August 2023]

I developed a presentation based on student responses to a departmental survey about mental health, mentorship, and diversity, equity and inclusion in the psychology department. I worked collaboratively with the mental health and well-being committee and utilizing existing literature and qualitative data to lead a discussion of collective/community care to supplement self-care messaging.

Girls Rock Columbia, Columbia SC July 2022

I delivered a presentation about mental health awareness and self-care to volunteers at an empowerment-oriented summer camp for children in Columbia, South Carolina. I provided resources for staff training and staff handbook materials related to mindfulness and mental health check-ins.

HYPE youth training pilot, Columbia SC June 2022

I administered validated measures, led focus groups, and provided qualitative feedback based on qualitative data collection after observing a youth training for the Healthy Young People Empowerment Project (HYPE Project) curriculum changes.

International Volunteer Training, Trauma Informed Care and Communication, Bethlehem, West Bank July 2019

I worked collaboratively to develop and administer training about trauma-informed care and communication for international volunteers at Tent of Nations (ToN) learning farm. I collected data before and after trainings and camp experience to measure growth in volunteer competence and cultural humility.

Workshops, Certifications, and Continuing Education

Cultural and Neurobiological Considerations for the treatment of post-traumatic stress disorder (June 2025), facilitated by Dr.s Andrew Schramm and Shawntell Pace for Psychology Services Center's two-day annual training workshop.

Cognitive Behavioral Therapy for Insomnia Workshop. (October 2024). Presented by Dr. Lauren Law of the William Jennings Bryan Dorn VA Pain Management Team.

Cognitive Behavioral Therapy for Chronic Pain Workshop. (September 2024). Presented by Dr. Lauren law of the William Jennings Bryan Dorn VA Pain Management Team.

Acceptance and Commitment Therapy (ACT) for Children, Adolescents, and Adults: A Process-Based Approach to Shaping Psychological Flexibility (June 2024), facilitated by Dr. Lisa Coyne for the Psychology Services Center's two-day annual training workshop.

Gottman Institute Couples Therapy Level 1 Training (May 2024), Gottman Institute Online.

Overdose Lifeline Lay Naloxone Trainer Certification (November 2023), Overdose Lifeline.

Spiritually-Integrated Psychotherapy Level 1 Course (September 2023), ACPE.

Brief Psychotherapeutic Interventions for Substance Use Disorder (May 2023), facilitated by Dr. Christian Bundy for the Psychology Services Center's two-day annual training workshop.

Cognitive Behavioral Therapy for Insomnia Online Training: CBT-I Web. (October 2022), The Medical University of South Carolina's CBT-I Web Platform.

SafeZone LGBTQ+ Advocacy Certificate (October 2020), University of South Carolina Office of Multicultural Student Affairs.

Organizations

Member, Society for the Psychology of Religion and Spirituality, 2023-present

Member, Society of Addiction Psychology, 2023-present

Member, American Psychological Association, 2020-present

Member, APAGS, 2020-present

Member, The STAY Project for Central Appalachian Youth, 2020-2023

Member, Association for Psychological Science, 2017-2022

Member, Association for Contextual Behavioral Science, 2019-2022

Member, Society for Community Research & Action, 2019-present

Awards & Honors

National Register Internship Travel Scholarship, May 2025.

Dianne B. Webb award for distinction in psychotherapy practice by a graduate student clinician, May 2024.

Point Foundation Scholar Semifinalist, March 2024.

Diversity In Psychology Symposium Award, February 2024. For manuscript “Resilience Resources Accessed by Religious LGBTQ+ Americans Across Ecological Levels of Analysis: A Scoping Review.”

Dianne B. Webb award for distinction in psychotherapy practice by a graduate student clinician, May 2023.

Point Foundation Scholar Semifinalist, March 2023.

The Society for Health Psychology’s Addressing Health Disparities Award for original research posters for *A discussion of tailored health promotion for African American men*. American Psychological Association Conference, August 2022.

Jean Ann Linney and Michael Schoen endowed award for excellence on seeking solutions for real world issues and supporting well-being of children and families, April 2022.

Point Foundation Scholar Semifinalist, March 2022.

Robert Wood Johnson Foundation Health Policy Research Scholars Program finalist, 2021.

Alex Ojeda Award for Outstanding Community Engagement, University of South Carolina Department of Clinical-Community Psychology, April 2021.

People's Choice Award Presentation, Southeast ECO Conference 2020, *Reimagining the New Normal in Photovoice*.

The College of William & Mary's Commencement Cypher Award, May 2020

Psi Chi Psychology Professional Honors Society, inducted 2017

Sharpe Community Scholar, The College of William & Mary, 2016-2020

Virginia State Scholarship Fund Recipient, P.E.O., 2017 & 2018

P.E.O. Star Scholar Award, 2016